

Stocking Stuffers

Relaxus Charcoal Face Brush



- Gently pulls impurities from the skin
- Bamboo handle and activated bamboo charcoal bristles

\$9.99

Relaxus Bath Brush



- Helps exfoliate dry skin
- Long organic bamboo handle for hard to reach areas

\$6.99

Future Is Charcoal Toothbrush



- Activated charcoal bristles that are antibacterial and can whiten teeth naturally
- Eco sourced and biodegradable bamboo handle

\$3.99

Exfoliating Bath Mitt



- 100% natural fibre
- Fair trade - handmade in Chang Mai Thailand
- Herbal, paraben-free soap

20% off

Himalayan Aromatherapy Salt Scrub



- Naturally exfoliating and moisturizing
- Made with 100% pure essential oils

\$5.49

Viva Collagen Mask



- With collagen and hyaluronic acid to nourish the skin
- Leaves the skin feeling soft and healthy

\$8.49

Island Bison Tallow Soap



- Made with 100% natural bison tallow
- Crafted in Black Creek, B.C.

\$7.49

Aromatherapy Bath Bombs



- 100% organic bath bombs
- Infused with natural essential oils

2 for \$7

Magic Mud Charcoal Mouthwash



- Soothes mouth and freshens breath
- Contains activated charcoal

\$11.99

Lump of Coal Soap



- Give the gift everyone fears getting this holiday season!
- Awesome detoxifying benefits

\$4.79

Vintage Traditions Tallow Balm Tube



- 100% grassfed tallow balm and sustainably sourced olive oil
- Great source of fat soluble vitamins
- Super nourishing

15% off

Attitude Lotion



- Made with all natural ingredients
- Hypoallergenic - great for moisturizing all skin types

15% off

Stocking Stuffers

Marseille's Thieves Balm



- Formulated on Saltspring Island
- 5 powerful essential oils and added menthol
- Antibacterial
- Great muscle and chest rub!

\$7.99

Thumbs Up Massager



- Wooden hand massager with 3 different heads for various tissues and pressure points
- Handcrafted in Bali

\$5.59

Thermofit Ball Kit



- Two textures for varied levels of massage
- Hot water and freezer safe

\$7.29

Willow Springs Lip Balm



- Sustainably sourced emu-oil lip balm
- High in Vitamin E and healthy fats
- Extremely moisturizing

\$4.29

Sunstone Body Butter



- Formulated by a local aromatherapist
- Made with clean and natural ingredients

20% off

Bach Rescue Remedy Pastilles



- Natural flower remedy pastilles
- Help to support stress reduction and relaxation

\$7.49

Lavender White Sage Smudge Sticks



- Natural, freshly picked white sage
- Used traditionally to clear energy
- Combined with lavender for a calming effect

\$8.49

Party Smart Capsules



- Helps to prevent hangovers naturally
- Supports the liver in metabolizing alcohol

2 for \$5

FourSigmatic Mushroom Coffee



- Organic instant coffee powder
- Makes a smooth and creamy coffee
- Includes medicinal mushrooms for added benefits

2 for \$4

Organic Traditions Advent 12 Days of Holiday Drinks



- A healthy twist on the traditional advent calendar!
- 12 unique superfood teas and latte blends
- Can be prepared using hot water or blending with ice

\$22.99

Theo Christmas Chocolate



- Organic fair-trade chocolate bars
- Made with delicious holiday superfood ingredients
- Available in Gingerbread Spice, Nutcracker Brittle, Peppermint Crunch and Cranberry Orange

\$5.29

Icebreaker Merino Wool Underwear



- Made of premium merino wool fibres
- Naturally thermoregulating
- The softest and comfiest undies you'll ever own